Does the FAFSA renewal process have you seeing double?

Find answers to all of your FAFSA renewal questions at the FAFSA Renewal Workshops hosted by Scholarships & Financial Aid. Counselors will be available for one-on-one assistance with applications to answer your individual questions.

Space is limited, so sign up now!

- Tuesday, February 17th 2-3 pm
- Wednesday, February 18th 11-12 am

All workshops are located in Room 229 of the Pavilion.

Please Register at:
https://financialaid.tamu.edu/workshops.

Regents’ Scholars Program
Blogger. Wanted.

Regents’ Scholars Program bloggers will increase the visibility of the Regents’ Scholars Program through the creation and expansion of the Regents’ Scholars Program blogs.

Qualifications?
- Regents’ Scholarship recipients preferred.
- Undergraduate students preferred.
- Ability to effectively manage time;
- Ability to work independently;
- Minimum GPA of 2.5.

For more information, visit jobsforaggies.tamu.edu
New Year’s Resolutions: Making a Fresh Start in the Spring Semester

New Year’s resolutions have become an enmeshed part of the U.S. culture. Countless individuals set resolutions every year, although unfortunately many give up on these resolutions due to poor planning. Given that a new calendar year and a new academic semester are beginning, it is an appropriate time to sit down and give thought to what resolutions you can make for the semester. A first step might be to set aside some quiet time (perhaps 30 minutes) to reflect on the Fall Semester. Consider the following questions: are there any regrets I have about how the semester went? Is there anything I would do differently if I could go back and relive the past 4-5 months? The answers to these questions can inform the resolutions you create.

As an academic and career counselor, I particularly recommend giving thought to your overall progress as a student. Consider factors such as your grades, time management habits, and study skills. Consider whether you are on track with your degree, and whether you have clear career goals. Once this review is completed, I challenge you to develop at least three resolutions for the Spring Semester. Ultimately, resolution is just a synonym for goal. If you set goals with these characteristics, this will help insure that you are not one of the many whose goals go unattained. Your goals should meet the following criteria.

- They are Specific (e.g. you can answer who, what, when, where, and why)
- They are Measurable
- They are Attainable
- They are Realistic
- They are Timely

In other words: set S.M.A.R.T. goals!

Some examples are listed below.

- I will call SCS today and make an appointment to address my time management habits
- I will meet with my advisor tomorrow to discuss how I can stay on track with my degree plan
- I will set aside at least 15 minutes for each of my classes to review my notes on the day of lectures
- I will spend an hour on Sunday utilizing DISCOVER to research career options

If you set SMART goals based on your particular needs and put effort into meeting these goals, this will very likely lead to improvement in your academic life. If your goals focus on issues such as personal concerns (e.g. relationship problems, depression, self-esteem), academic concerns (e.g. study skills, time management, concentration), or career concerns (e.g. changing major, exploring career options), remember that Student Counseling Services is available to assist you. Good luck with carrying out your resolutions, and best wishes in starting out the Spring Semester with a positive and realistic mindset.

By Dr. Derek Bergeron
Student Counseling Services

Medical Sciences Library
- Wireless-enabled Dell Inspiron Laptops may be borrowed by TAMU faculty, students, and staff
- Borrow Period: Four hours
- Laptops may be taken outside of the building.
- For more information, please contact the Client Services Desk on the 1st floor of the Medical Sciences Library or call 979-845-7428.

Policy Sciences & Economics Library
- Wireless-enabled Dell Laptops may be borrowed by TAMU faculty, students, and staff.
- Borrow Period: Four Hours
- Laptops may not leave the building.
- For more information, please contact the PSEL Service Desk at 979-862-3544.

Are You Ready for New Year’s Resolutions?

- Laptop Services: Three TAMU Libraries currently provide wireless laptop lending programs. For library patrons wishing to use their personal laptops, these Libraries also provide both wired and wireless access to the campus network.

Evans Library and the Annex
- Wireless-enabled Dell Inspiron Laptops are available for TAMU faculty, students, and staff checkout for use within Evans Library and the Library Annex facilities.
- Borrow Period: Four Hours
- Although laptops may not leave the buildings, they may be taken between Evans Library and the Library Annex via the walkway on the fourth floor.
- For more information, please contact the Circulation Department on the 1st floor of Sterling C. Evans Library or call 979-845-3731.
In the USA, people throw away at least 162 tons of garbage a year.

It would fill 1,000 football fields piled thirty stories high.

Each American throws away 4–6 pounds of trash each day.

Only 10% of America’s trash is being recycled.

If people recycled things like paper, glass, and aluminum cans, and other things that are in their garbage, trash would be reduced by 25%.

Learn how to be green in 2009 at http://recycle.tamu.edu/index.htm

What Does A&M Offer to Help?

The Academic and Career Resource Center contains books and computer programs on career topics including What Can I Do With This Major, specific information about various occupations, and resources for career planning and increased self-awareness.

No appointment is required to use these self-help materials from 8:30am to 5:00pm on weekdays.

DON’T FORGET: There is plenty of FREE help on-campus as well as several individuals who are here to help you succeed.

Supplemental Instruction (S.I.) schedule:
http://www.tamu.edu/cae/silist.shtml

Department of Multicultural Services FREE tutoring:
http://tutor.tamu.edu

University Writing Center:
http://uwc.tamu.edu/

Mathematics Department Help:
http://www.math.tamu.edu/teaching/helpsession/

Study skills and time management workshops:
http://www.scs.tamu.edu/academic/

Student Learning Center Drop-In Tutoring:
http://slc.tamu.edu/TutorSchedule.pdf

A Green A&M in 2009

Common Confusions:

- Picking a major and a career are basically the same thing.
- Choosing one major means giving up on all the others.
- The major I pick now will determine my lifelong career.

- Many students assume that choosing a major is the same as choosing a career (and vice versa). While these two choices can go hand-in-hand, choosing one does not automatically mean you have chosen the other. Choosing a major does not limit you to only one career choice; choosing a career does not limit you to only one major.

- Students can always combine their interests in more than one major. For example, students can complete double majors, co-majors or even concurrent degrees.

Also! Post-baccalaureate degrees do not have to be in the same area as an undergraduate degree. An undergraduate might receive their major in Health Administration, but earn their master’s degree in computer science. A student who majored in music might decide for a master’s degree in linguistics.

- Studies have shown that within 10 years after graduation most people are working in careers not directly connected to their undergraduate majors.

Just as some students change their minds about their majors, some graduates change their minds about careers. Over time, and with new technology, jobs change. New types of jobs are emerging every year, and most of us have no way of knowing what those jobs will be or what type of education will be needed in order to qualify for them.

Consequently, the current emphasis in career planning at the undergraduate level is on the development of general, transferrable skills (writing, speaking, computer literacy, problem-solving, team-building) that employers want and that graduates will need in order to adjust to rapidly-changing careers.

Bottom Line: People change; careers change.

Adapted from “Major Decisions,” by Michael J. Leonard. Copyright 1996-1999, The Pennsylvania State University. All rights reserved.

HELP

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Mathematics Department Help:
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Study skills and time management workshops:
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